

The book was found

# Closing The Food Gap: Resetting The Table In The Land Of Plenty



## Closing the Food Gap

*Resetting the Table  
in the Land of Plenty*

MARK WINNE

"It's heartening to find a book that successfully blends a passion for sustainable living with compassion for the poor."  
—DR. JANE GOODALL



## Synopsis

In *Closing the Food Gap*, food activist and journalist Mark Winne poses questions too often overlooked in our current conversations around food: What about those people who are not financially able to make conscientious choices about where and how to get food? And in a time of rising rates of both diabetes and obesity, what can we do to make healthier foods available for everyone? To address these questions, Winne tells the story of how America's food gap has widened since the 1960s, when domestic poverty was "rediscovered," and how communities have responded with a slew of strategies and methods to narrow the gap, including community gardens, food banks, and farmers' markets. The story, however, is not only about hunger in the land of plenty and the organized efforts to reduce it; it is also about doing that work against a backdrop of ever-growing American food affluence and gastronomical expectations. With the popularity of Whole Foods and increasingly common community-supported agriculture (CSA), wherein subscribers pay a farm so they can have fresh produce regularly, the demand for fresh food is rising in one population as fast as rates of obesity and diabetes are rising in another. Over the last three decades, Winne has found a way to connect impoverished communities experiencing these health problems with the benefits of CSAs and farmers' markets; in *Closing the Food Gap*, he explains how he came to his conclusions. With tragically comic stories from his many years running a model food organization, the Hartford Food System in Connecticut, alongside fascinating profiles of activists and organizations in communities across the country, Winne addresses head-on the struggles to improve food access for all of us, regardless of income level. Using anecdotal evidence and a smart look at both local and national policies, Winne offers a realistic vision for getting locally produced, healthy food onto everyone's table.

## Book Information

Paperback: 224 pages

Publisher: Beacon Press; Reprint edition (January 1, 2009)

Language: English

ISBN-10: 0807047317

ISBN-13: 978-0807047316

Product Dimensions: 5.5 x 0.6 x 8.5 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 starsÂ  See all reviewsÂ  (15 customer reviews)

Best Sellers Rank: #183,639 in Books (See Top 100 in Books) #44 inÂ  Books > Science & Math >

Agricultural Sciences > History #130 in Books > Medical Books > Administration & Medicine

Economics > Health Policy #192 in Books > Politics & Social Sciences > Social Sciences >

Poverty

## Customer Reviews

I'm an academic, and read this book in part for possible use in a class that I teach on philosophy and the food system. Criticisms of the food system are very popular these days, and my current (and very incomplete) list of food books is pushing a couple hundred. Winne's book stands out from this crowd in two respects: his perspective as an activist rather than an academic, and his attention to aspects of the food system and the "food movement" that are often overlooked. As Winne notes near the beginning, he's a college-educated white man, but his working life has been spent as a professional activist and organizer for food access in impoverished urban communities around the US. Much of the book is stories from either his own experience -- especially in Hartford, Connecticut -- or from other activists and organizers. His tone is generally thoughtful, and he stops occasionally to reflect on what succeeded and what failed in these efforts. In a few places -- though only a few -- he steps back even more, giving his take on the fundamental problems with our food system. But he's not an academic, and he's not offering an academic analysis. In my class, I can see using his book (or a few of the best chapters of it; more below) in tandem with more theoretical readings: How well does this theory fit with Winne's experiences? How useful would it be for what he's trying to accomplish? In this respect, Winne's book is similar to Barry Estabrook's *Tomatoland: How Modern Industrial Agriculture Destroyed Our Most Alluring Fruit*.

[Download to continue reading...](#)

Closing the Food Gap: Resetting the Table in the Land of Plenty SALES: The Exact Science of Selling in 7 Easy Steps (Sales, Sales Techniques, Sales Management, Sales Books, Sales

Training, Closing, Closing Sales) Closing the Opportunity Gap: What America Must Do to Give

Every Child an Even Chance How to Say It to Seniors: Closing the Communication Gap with Our

Elders How To Say It (R) to Seniors: Closing the Communication Gap with Our Elders Salvaging the

land of plenty: Garbage and the American dream Leptin Reset: 14 Days to Resetting Your Leptin

and Turning Your Body Into a Fat-Burning Machine (Leptin Resistance, Leptin diet, Hormone Reset

Diet, ... all grain, Ketogenic Diet, Atkins Diet) 100 Exotic Food Recipes (Puerto Rican Food

Recipes, Picnic Food Recipes, Caribbean Food Recipes, Food Processor Recipes,) Plenty: Vibrant

Recipes from London's Ottolenghi Plenty: Vibrant Recipes from London's Ottolenghi (Hardback) By

(author) Yotam Ottolenghi The End of Plenty: The Race to Feed a Crowded World ORGANIC

COOKBOOK: Healthy And Delicious Baby Food Recipes Which Are Nutritious And Easy To Cook (organic food, food recipes, nutritious food) Homemade Baby Food: 17 Wholesome Baby Food Recipes for Easy, Nutritious, and Delicious Homemade Baby Food (How to Make Baby Food) Raw Food Diet: 50+ Raw Food Recipes Inside This Raw Food Cookbook. Raw Food Diet For Beginners In This Step By Step Guide To Successfully Transitioning ... Vegan Cookbook, Vegan Diet, Vegan Recipes) Raw Food: Lazy Man's Guide To Raw Food Success (raw food, raw vegan, raw food diet, raw vegan diet, 801010, 801010 diet,) Table Layout in CSS: CSS Table Rendering in Detail The Envoy: The Epic Rescue of the Last Jews of Europe in the Desperate Closing Months of World War II Ladies and Gentlemen of the Jury: Greatest Closing Arguments in Modern Law Triumph of Justice: Closing the Book on the O.J. Simpson Saga The Closing of the American Mind

[Dmca](#)